



Adriane Pereira*

* Researcher of IIPC.
adried@uol.com.br

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Palabras-Clave

Atributos Concienciales
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Holociclo: Mentalsomatic Factory

Holociclo: Fábrica Mentalsomática
Holociclo: Fábrica Mentalsomática

Abstract:

This article seeks to provide evidence that the activities developed in the *Holociclo* – a research environment of the *Encyclopedia of Conscientiology* – can catalyse the consciousness paraperceptions of the vehicles of manifestation of the consciousness and the physical and energetic repercussions of the holosoma. When accomplishing activities that favor the use of the mentalsoma, the development of conscial attributes in a fast and integral way is noticed.

Resumo:

Este artigo visa evidenciar que as atividades desenvolvidas no *Holociclo* – ambiente de pesquisa e de elaboração da *Enciclopédia da Conscienciologia* – podem proporcionar à consciência uma catálise quanto às parapercepções dos veículos de manifestação da consciência e das repercussões físicas e energéticas no holossoma. Ao realizar atividades que favorecem o uso do mentalsoma, percebe-se o desenvolvimento de atributos conscienciais de forma rápida e integral.

Resumen:

Este artículo tiene la finalidad de demostrar que las actividades desarrolladas en el *Holociclo* – ambiente en el cual se desarrollan las investigaciones y producción de la *Enciclopedia de la Conscienciologia* – pueden proporcionar a la conciencia una catálisis en cuanto a las parapercepciones de los vehículos de manifestación de la conciencia y de las repercusiones físicas y energéticas en el holosoma. Al realizar actividades que favorecen el uso del mentalsoma, se percibe el desarrollo de atributos conscienciales de forma rápida e integral.

During my stay at the *Center for Higher Studies of Conscientiology* – CEAEC, during the period of 1/15 to 1/21/2001, I had the opportunity to volunteer some afternoons in the organization of the *Holotheca*. I also assisted in the *cataloguing* of books, which is one of the activities performed in the *Holociclo*. It is a place where hundreds of books are arranged, most of them dictionaries, to help in the elaboration of the *Encyclopedia of Conscientiology*.

I perceived some repercussions during the process of cataloguing books, which I relate below.

As I entered the *Holociclo*, I was surprised at the number of tables containing countless books

displayed in that environment, all of which were organized by subject. To me, it seemed comparable to a *mentalsomatic factory*. I felt the desire to contribute to this undertaking in some way, together with the others. The instructor of *Holociclo* helped to answer my initial questions, as well as those throughout my ongoing activities there.

The *Cataloguing Technique* consisted basically of the analysis and annotation of the number of figures, photos and abbreviations, among other data, contained in the books and newspapers that will form the bibliography of the *Encyclopedia of Conscientiology*, written by professor and researcher Waldo

Vieira.

Considering that our activities involve all the vehicles of manifestation, I could observe during certain afternoons, while cataloguing the books, the activation of some consciential attributes and their respective vehicles:

1. ATTENTION

Activated vehicle: mentalsoma.

Attention: careful application of the mind on something.

Attention is an attribute used in a constant way in the activity of the cataloguing of books. Daydreaming can occur during activities that demand the careful application of the mind for a certain period. This can promote distraction at some moments, leading to a change of focus from what was being done, thus causing the consequence of needing to redo the work. I noticed that my attention was dispersed and distracted on certain occasions. This disturbed me, since it meant I needed to sometimes recount the items of the book that I was cataloguing.

On the second day of the activity, there was a more rapid perception of the moment and of the situation that would cause me to become distracted, thereby making it possible for me to return to the work faster.

2. PATIENCE

Activated vehicle: mentalsoma.

Patience: quality of being patient; tranquil perseverance; passivity.

When there is distraction and it's necessary to restart what one is doing, it is important to have patience about this occurrence. Due to the mistakes in the beginning of the learning of the technique, it is common to need to rewrite the material on a new sheet of paper more than once.

A few times, I noticed that I was anxious to finish the analysis of a certain page. This situation also occurs when I am reading.

3. GOOD MOOD

Activated vehicle: psychosoma.

Good mood: spirited disposition; affability; comic tendency.

Due to the restarts, it is necessary and of good will to be in a good mood during the entire process of the activity that is being done, in this case, the cataloguing.

4. ANALYSIS

Activated vehicle: mentalsoma.

Analysis: the act or effect of analyzing; the de-

composition of a whole into its constituent parts; the study of detailed description; examination; critique.

In order to establish distinction of certain data, analysis is utilized during the whole time. Among others, the following are some examples of this: 1. To evaluate the differences that exist between an illustration and a photo; 2. To determine the number of graphs in a book; 3. To determine the number of formulas in a book.

Such analyses are not complicated. Nevertheless, each book possesses different details and it is common for various questions to arise, especially on spots with much similarity between the works.

5. PERSISTENCE

Activated vehicle: mentalsoma.

Persistence: constancy; pertinence; tenacity.

In every work that in the beginning needs to be repeated, the application of persistence optimizes its execution. It is common to observe that, after the analyses of 2 or 3 books, the activity becomes easier and more agile.

6. CRITICISM

Activated vehicle: mentalsoma.

Criticism: discernment; criteria; meticulous appreciation; judgment.

After the cataloguing of some books, I observed a major criticism in relation to all the reading material with which I had contact. Today, I look and do not perceive a book, magazine or newspaper in the same way. I began to observe details of these materials that until then went unnoticed. I observed, obviously, that certain reading material is better elaborated than others.

7. SELF-PHYSICAL CONTROL

Activated vehicle: soma.

Physical control: act or power of self-control; self-domination; self-management.

Depending on the material analyzed, it was necessary to stay seated for 2 or 3 hours at a time. Having lucidity of this or not, one acquires major control over the soma.

Aiming at prophylaxis, it is useful to keep the back straight, in order to avoid possible back pain and to lessen fatigue.

8. DEPRIVATION AND INTERACTION

Activated vehicle: psychosoma.

Deprivation: the act of being deprived.

Interaction: action that exists mutually among two or more things, or two or more people; reciprocal action.

Due to the details to be verified, it was necessary to question the instructor various times about the nuances and questions that came up regarding each piece of material. Because of this, the intraphysical consciousness needs to become less inhibited and exposes him/herself more. In this case, the instructor's didacticism, empathy and goodwill greatly facilitates the work, a condition that I discovered to be present during the entire activity.

9. ENERGETIC DOMINION

Activated vehicle: holochakra.

Dominion: domination; authority; power; sphere of action.

Due to the long period in this activity energy circulation helps to reduce the fatigue and to improve the attention to the work. In this item, I lacked persistence.

There were, at varying times, principally on the second day, pressures in the crown-chackra and headaches that did not impair the activity.

I'd like to point out that both the reading of books and the work related to the *Holotheca* and the *Holocyclo* have stimulated me to continue my self-research and the research of other consciousnesses. I conclude that all applied activity utilizing the mentalsoma favors the development of consencial attributes. It's up to us to be attentive in order to make the most of the opportunities presented.

Bibliography

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Editors Note:

It fits to point out that this article evidences the relevance of the self-observation and of self-analyses in the self-research process, fundamental in order to expand the knowledge with regards to its own attributes and manifestations with the maximum possible sharpness, starting from the diversity of situations and experiences grasped by the consciousness.

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